

Winter Solstice Simmer Pot

By Madison Margaret



Simmer Pots are a great way to fill your space with refreshing, chemical free aromatics. They also help to reduce waste as most of the ingredients can be scraps from cooking & baking. Start By acquiring your ingredients; keep in mind there are many things that are safe to make a simmer pot with. Some options are scraps of apples, lemon, orange, clementine, turmeric, ginger, peach, plum, peppercorns, cinnamon sticks, berries, herbs, rosemary, mint, marjoram, nutmeg, cranberries, pine, star anise, clove, tea, flowers, rose, basil, chamomile, lavender, eucalyptus, marshmallow root, vanilla & even saffron.

Combine your ingredients in a large pot and fill with water. Let the water boil out and refill with water again if desired. Repeat the steps of boiling out the water. Your house will smell clean and inviting. Keep in mind to use what you have or what's in season. Majority of the ingredients would have ended up in the garbage

For more info regarding simmer pots:

[Simmer Pot Inspiration from Pinterest!! \(FOLLOW US ON PINTEREST @vejnj\)](#)

[Simmer Pots: Holiday Ambience and More](#)