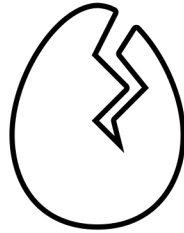
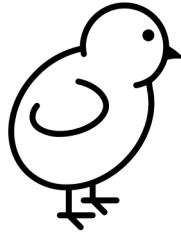


# Benefits of a Plant Based Diet:

## Animal Welfare

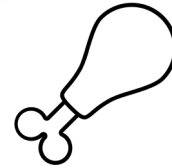
--On dairy farms, cows are given drugs and kept pregnant, their babies taken away at birth, with the males becoming veal!

--On egg farms, chickens are cramped in cages and forced to lay eggs super fast (up to 294 EGGS A YEAR per HEN).

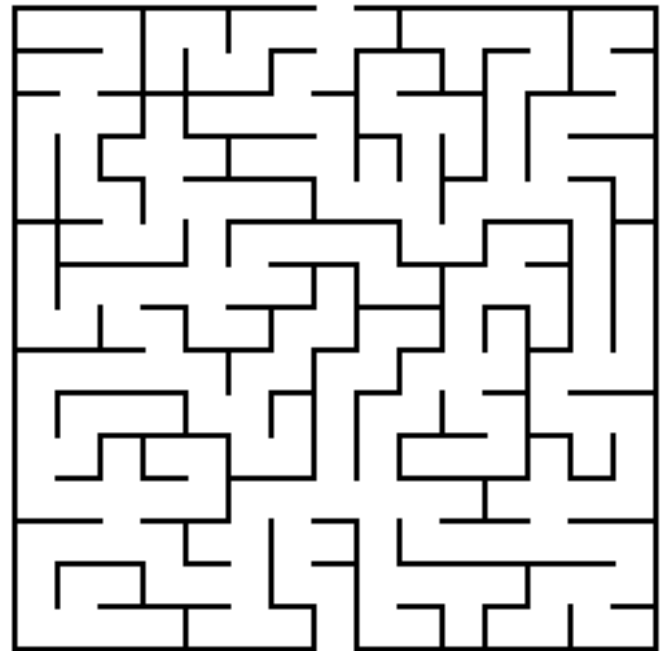


--Our ecosystem and its biodiversity is at risk due to loss of habitat and pollution caused by raising animals for food.

Find your way to Plant Based Diet



N	E	O	G	N	A	G	E	V	E	J	N	N	A
E	G	G	G	N	R	N	J	V	E	G	V	S	G
A	G	E	E	R	F	N	H	E	Y	H	L	H	S
Y	F	V	G	N	G	G	D	G	R	A	B	S	E
M	A	R	I	A	O	E	E	V	M	H	F	E	A
E	R	Y	L	G	O	S	F	I	N	O	T	G	H
S	M	N	E	S	G	S	N	H	N	R	G	A	A
J	I	R	N	M	E	A	G	M	S	M	R	C	Y
Y	N	V	V	A	G	S	R	M	E	O	E	N	E
N	G	O	B	R	V	O	A	S	I	N	I	V	N
S	E	A	A	A	J	V	S	E	E	E	G	E	G
E	A	H	A	H	A	A	F	R	O	S	E	E	R
R	Y	T	I	S	R	E	V	I	D	O	I	B	D
T	N	D	A	I	R	Y	F	A	R	M	I	N	G



- Hen
- Animals
- Vegan
- Hormones
- NJVeg
- Biodiversity
- Cages
- Dairy Farming
- Egg Farming

